

Interaction Model of Mental Disability (IMMD) based on ICDH

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Abstract

I propose an "Interaction Model of Mental Disability (IMMD)". Several models based on ICDH are being proposed and tested around the world focusing on different aspects of disability. Though ICDH is an inclusive model in health services, social security, insurance, education, and so on, the remarkable point of IMMD is to visualize the mutual relation of mental disability (impairment, disability and handicap) and other factors (environmental factors, personal factors). IMMD is a practical rehabilitation model based on ICDH and has a conference sheet designed for a conference among the professionals and a counseling sheet designed for an interview and consultation with the user. IMMD has made possible the following kinds of cooperation: 1) cooperation between user and professionals; 2) cooperative approach by various professions concerned with health, medical treatment and welfare; 3) cooperation between professionals and non-professionals (e.g., family, friend, helper, partner, assistant, and so on). The conference sheet is used in order to obtain a consensus on a rehabilitation approach among various professions, and the counseling sheet is used to know the user's thoughts and hopes, to have the same goal with the user, and to aid the user in reality orientation.
