

原著

# 鬚伸び量の加齢変化を中心にして

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## Some Observation around the Variation of Beard Growth by Aging

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### Abstract

For 35 years from age 38 to 72, the daily mean beard growth of a subject M.O. was measured. The beard grew most when the subject was between 50 and 53 years old, a sudden decrease was observed with aging. We consider that exercise training may also bring a decrease. The aging increased the rate that other materials were mixed in the things shaved by an electric shaver, which is partly affected by the difference of used shavers. The pattern of seasonal variation of the beard growth changed at the age of 61 or so.

### 要約

被検者M.Oの38歳から72歳までの35年間の1日平均髪伸び量を実測した結果50～53歳をピークに、加齢にともなう急激な減少傾向が認められたが運動実施程度がそれを加速したものと推定される。電気かみそりでそり取ったものへの表皮落屑等の混入率は加齢によって増加する傾向がみられたが、使用がみそりの影響も否定できない。季節変動パターンは61歳前後で変動した。

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