

原著

対象—看護者関係評価尺度(CNRS)の開発

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The Development of a Client-Nurse Relationship Scale (CNRS)

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Abstract

The authors developed a new client-nurse relationship scale (CNRS) in which the clients assess nurses. Initially, a 138 item questionnaire was designed combining references and original observations. This version was reduced to a 52 item scale (CNRS Ver.1) through tests of face validity and duplication. A group of students (n=288) assessed the famous personality by CNRS Ver.1. Test-retest reliability of the scale was 0.93 ($p < 0.01$), and the Cronbach α coefficient was 0.89. Then CNRS Ver.2 was devised in which 31 items remained after excluding the items with low factor loading scores. The nursing students assessed the best the nurses they had ever encountered by CNRS Ver.2. Three factors; humanistic, specialty and overbearing were induced by factor analysis. Based in these results, the final version, CNRS Ver.3 containing 24 items was adopted. It is indicated that CNRS Ver.3 is a good psycho-social assessment tool possessing high reliability and high validity, and that it may be useful in measuring other relationships such as those of friends, students-teachers, etc.

要約

患者側から看護者を評価する心理社会的尺度、対象－看護者関係評価尺度 (Client-Nurse Relationship Scale, CNRS) を新たに開発した。まず、既成の文献と観察法から138の項目を抽出し、表面妥当性と重複の有無を検討して52項目の初版CNRSを作成した。初版CNRSでは某有名タレントを288名の学生に評価させた。初版の再テスト法による信頼性係数は0.93 ($p < 0.01$)、Cronbach α 係数は0.89であった。ついで初版から因子負荷量の低い項目を除外して31項目の改訂版CNRSを作成し、看護学生に理想の看護者を評価させた。因子分析の結果、初版、改訂版ともに「人間的信頼感」「専門性」「威圧感」の3因子が抽出された。改訂版による調査結果の因子分析から項目をさらに厳選し、最終的に24項目からなる完成版を作った。完成版CNRSは患者－看護者関係だけでなく友人関係や学生－教師関係なども評価できる信頼性と妥当性の高い対人関係評価尺度であることが示された。
