

原著

成人重症心身障害者のQOLに関する研究(2) - -- QOL評価項目を作成して --

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A Study of QOL for Adults with Severe Motor and Intellectual Disabilities based on using the QOL Items

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Abstract

We made a QOL assessment scale consisting of 8 areas and 38 items, based on Hughes' QOL Assessment Scale and on our previous study. Our research was conducted on 91 people with severe physical and mental disabilities divided into 3 groups according to the Oshima Division. As a whole, we found differences among the average score of these groups. Group B, with severe physical disabilities but only mild intellectual ones, had the highest scores. Group A, the most severely physically and intellectually disabled, was located in the middle of the average scores. Group C, who were ambulatory, was the lowest. All groups showed similar scores on "General" and "Physical Health" items, but Group B showed the highest score on "Self Care/Feeling," "Relationships," and "Self-Determination/Personal Choice." Group A followed next, and Group C was last. Group B was evaluated higher than Group A on "Environment." Group B was also evaluated higher than Group C on "Service Content" and again higher than Groups A and C on "Opportunity."

要約

前回の研究に基づき, HughesらのQOL評価項目をもとに取捨選択し, あわせて重症心身障害者に必要と思われる項目を加え, 8領域38項目のQOL評価表を作成した. 重症心身障害者91人について調査を行い, 障害の状態(大島による分類)により3群を構成して検討してみると, 全体として3群の評価点分布には差があり, 身体障害が重いながらも知的障害の比較的軽いB群は最も高く, 身体障害・知的障害がともに最重度のA群は中位であり, 歩行可能なC群は最も低かった. さらに領域についてみると, 「全般」, 「生理的状态」で3群に差はなかったが, 「身辺・情緒」, 「人との関係」, 「意志決定・選択」ではB群が最も高く, A群, C群の順となった. 「生活環境」ではB群がA群より, 「サービス内容」はB群がC群より高いと評価され, 「機会」ではB群がA群, C群より高いことが示された.
